CLEAN AND SOBER POLICY

Policy
1. In order to promote the safety and health of all participants, the program seeks to create a drug and alcohol-free housing environment. We therefore employ a clean and sober substance use philosophy. The use of any illegal drug or alcohol by participants is strictly prohibited. All residents with substance use issues will be required to participate in relapse prevention activities.

Procedure:
1. All participants with substance use issues will be evaluated upon admission by a suitable outpatient counseling program. Each resident will comply with the treatment recommendation of the program.
2. All participants with substance use issues will attend daily AA/NA/CA meetings for the first 30 days and will secure a sponsor within those 30 days. An appropriate alternative daily treatment modality may be substituted with the approval of the Program Director.
3. After the first 30 days, participants will attend a minimum of 3 12-step meetings per week. An appropriate alternative weekly treatment modality may be substituted with the approval of the Program Director.
4. Participants who relapse will be discharged from the program.

Or (for a relapse tolerant policy)

4. Participants who relapse will be allowed to remain in the program provided they agree to random urine screenings for a period of 60 days. If any screening shows a positive result during the 60 day period, they will be discharged from the program. Participants who relapse a second time after successfully completing the 60-day period will be allowed to remain in the program only if they agree to random urine screenings for a period of 90 days. If any screening shows a positive test result during the 90-day period, they will be discharged from the program. Participants who relapse after completing both the 60-day and 90-day period described above will be discharged from the program.

Or (for an alternative relapse tolerant policy)

4. Participants who relapse will be discharged from the program unless a program contract can be agreed upon which defines the terms and conditions under which the participant will be allowed to stay in the program as well as the consequences for failing to meet such terms and conditions.